

**Prevention Concordat for
Better Mental Health**

Update Item



City of Wolverhampton

**Health &
Wellbeing
Together**

Discussion points

- Response to request from Health and Wellbeing Together to explore potential benefits of becoming a signatory of the national **Prevention Concordat for Better Mental Health**
- Concordat overview, commitments and implications
- Questions regarding any possible progression of expression of interest to become a Concordat signatory

About the Prevention Concordat

- The [Prevention Concordat for Better Mental Health - GOV.UK](#) is a commitment from system leaders to work to prevent mental health problems and promote mental health and wellbeing.
- The Concordat is underpinned by an understanding that taking a prevention-focused approach to improving the public's mental health has been shown to make a valuable contribution to achieving a fairer and more equitable society.
- The Concordat promotes evidence-based planning and commissioning to increase the impact on reducing health inequalities. The sustainability and cost-effectiveness of this approach is enhanced by the inclusion of action that impacts on the wider determinants of mental health and wellbeing.
- The Concordat is intended to provide a focus for cross-sector action to deliver a tangible increase in the adoption of public mental health approaches across LAs, ICSs, NHS, Social Care, public, private and voluntary and community enterprise (VCSE) sector, educational settings, employers, emergency services, justice systems.

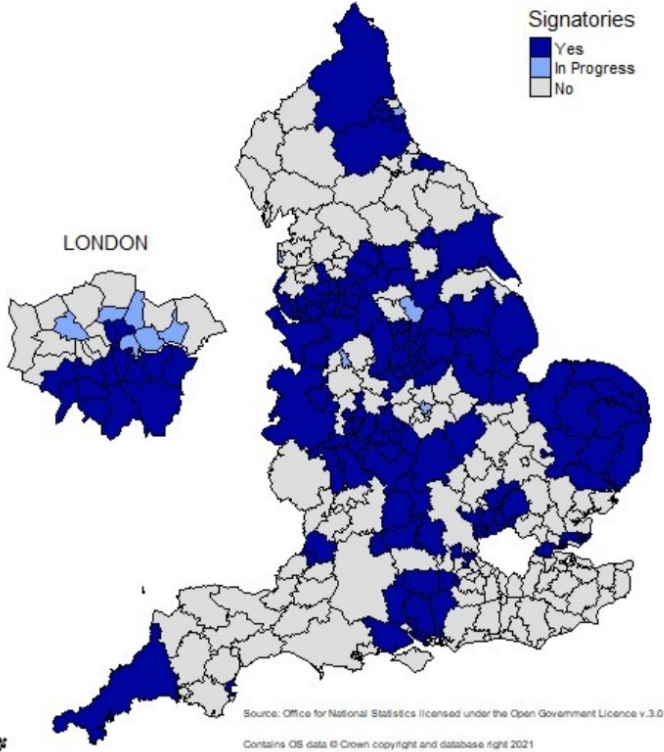
Background

In 2021/22 the national **Better Mental Health** programme focused on the most deprived Upper Tier Local Authorities with grant funding to pilot mental health prevention and promotion initiatives.

Recipients of grant funding were encouraged to consider signing up to the **Prevention Concordat for Better Mental Health** to sustain **system wide focus on prevention and promotion**.

- Over 260 Concordat signatories across England
- Across 124 local authority areas
- 2 Integrated Care Systems

Map showing local authority and local health partnership signatories



Map produced by: Public Health Analysis Directorate, OHID
Map last updated: March 2023

Better Mental Health 2021-22

The Prevention and Promotion Programme for Better Mental Health 2021-2022

73% of people engaging in mental health support interventions lived in the **30% most deprived lower super output areas** (LSOAs) in England, **18% disclosed having a disability**, and **39% of people were from ethnic minority backgrounds**



357 people who attended suicide prevention awareness training are now able to support someone experiencing suicidal ideation



The **'Look out for Wolverhampton'** suicide awareness and prevention campaign was spearheaded by the Wolverhampton Suicide Prevention Stakeholder Forum helping people learn more about the campaign and where they can seek support for suicide

141 people belonging to some of the groups disadvantaged by COVID-19 pandemic took part in co-creation programmes to improve mental wellbeing



996 adults

completed our in-depth **#WolvesWellbeingandMe** survey



205 people facing complex life challenges supported by the Head4Health pilot programme offering wellbeing sessions, social contact, physical activity, 'Walk and Talk' and 'Extra Time' initiatives



61 people facing complex barriers to work benefited from targeted skills and learning support to improve access to employment

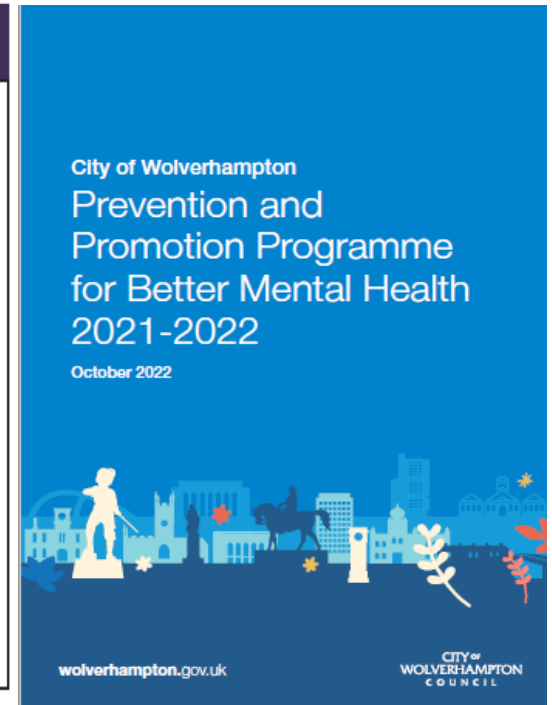
150 people engaged in face-to-face interactions to help end loneliness and provide supportive social contacts



50 people became Mental Health First Aid (MHFA) qualified champions



400+ people are estimated to have been supported by MHFA Champions to improve their mental health and wellbeing through engagement activities using evidence based approaches



<http://www.bettermentalhealthwolves.co.uk/>

Local Context

- Wolverhampton [Joint Public Mental Health and Wellbeing Strategy 2018-2021](#) provides a life course view of mental health and relevant areas for priority focus
- The [#WolvesWellbeingandMe Evidence Review](#) identifies some of the population sub-groups across the life course who experienced mental health inequalities prior to COVID-19, and for who COVID-19 significantly increased their risk of poor mental health and wellbeing in Wolverhampton.
- The [#WolvesWellbeingandMe Report](#) provides findings from a city-wide mental health survey and targeted co-creation engagement activities to understand different views of mental health and wellbeing, as well as changes during the pandemic and risk and protective factors
- Mental Health 'Joint Strategic Needs Assessment' (JSNAs) are in progress for Adults and Children and Young People
- A Suicide Prevention JSNA is in progress
- Rapid Review of Perinatal Mental Health completed
- Several JSNA consultation and engagement activities have been completed with more planned
- Transforming community mental health services -Black Country Healthcare NHS Foundation Trust

Concordat Application Criteria

Office of Health Improvement and Disparities (OHID) are inviting Health and Wellbeing Boards, Local Authorities, Integrated Care Systems, and other health partnerships to sign up to the Prevention Concordat. Voluntary, community or social enterprise sector organisations are directed to partner with H&WBs, LAs , or ICSs to apply.

To be recognised as a Prevention Concordat signatory, applicants need to

- 1) **Agree to the Prevention Concordat [Consensus statement](#)**
- 2) **Produce an action plan** (across 5 domains of Concordat framework)

1) Agreeing the Consensus Statement

“As signatories, we will, work as a whole system and across organisational boundaries. We commit to supporting place-based population mental health through co-ordination of partnerships at ICS, local authority and neighbourhood levels.

“We will do this **using needs assessment in partnership** with local stakeholders, communities, people with lived experience and carers, all of whom know what matters most”.

“Strengthening protective factors and reducing risk factors sit at the heart of our commitment to promoting good mental health”. “We are **committed to reducing mental health inequalities** by taking action to address the following factors:

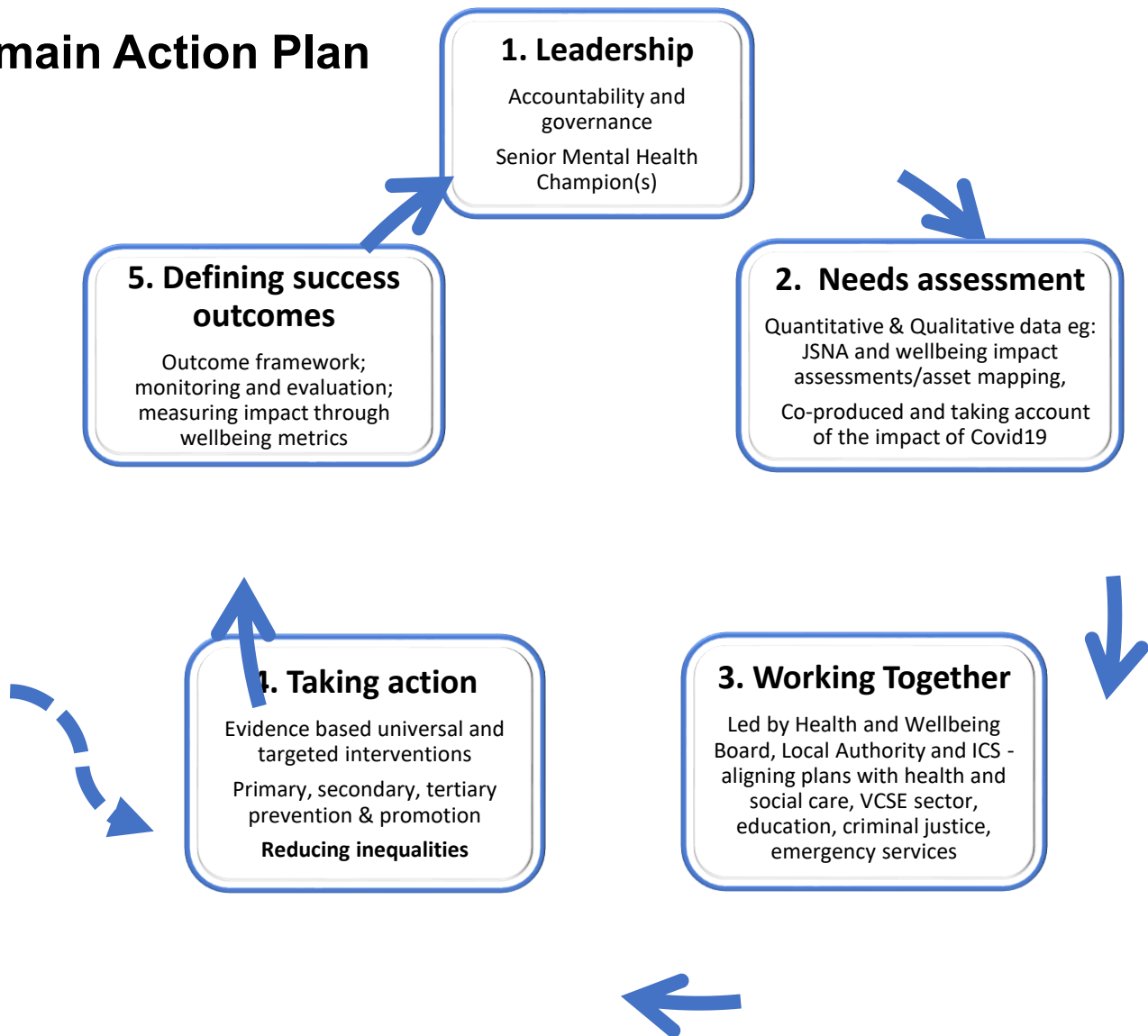
- Protective factors** – maternal and infant mental health, early years support, family and parenting support, connecting with others and forming good relationships, good education, stable, secure, good quality and affordable housing, good quality work, a healthy standard of living, accessible safe and green outdoor space, arts and cultural activities, community cohesion

- Risk factors** – poverty, discrimination, socio-economic inequalities, child neglect and abuse, unemployment, poor quality work, debt, drug and alcohol misuse, homelessness, loneliness, violence, discrimination

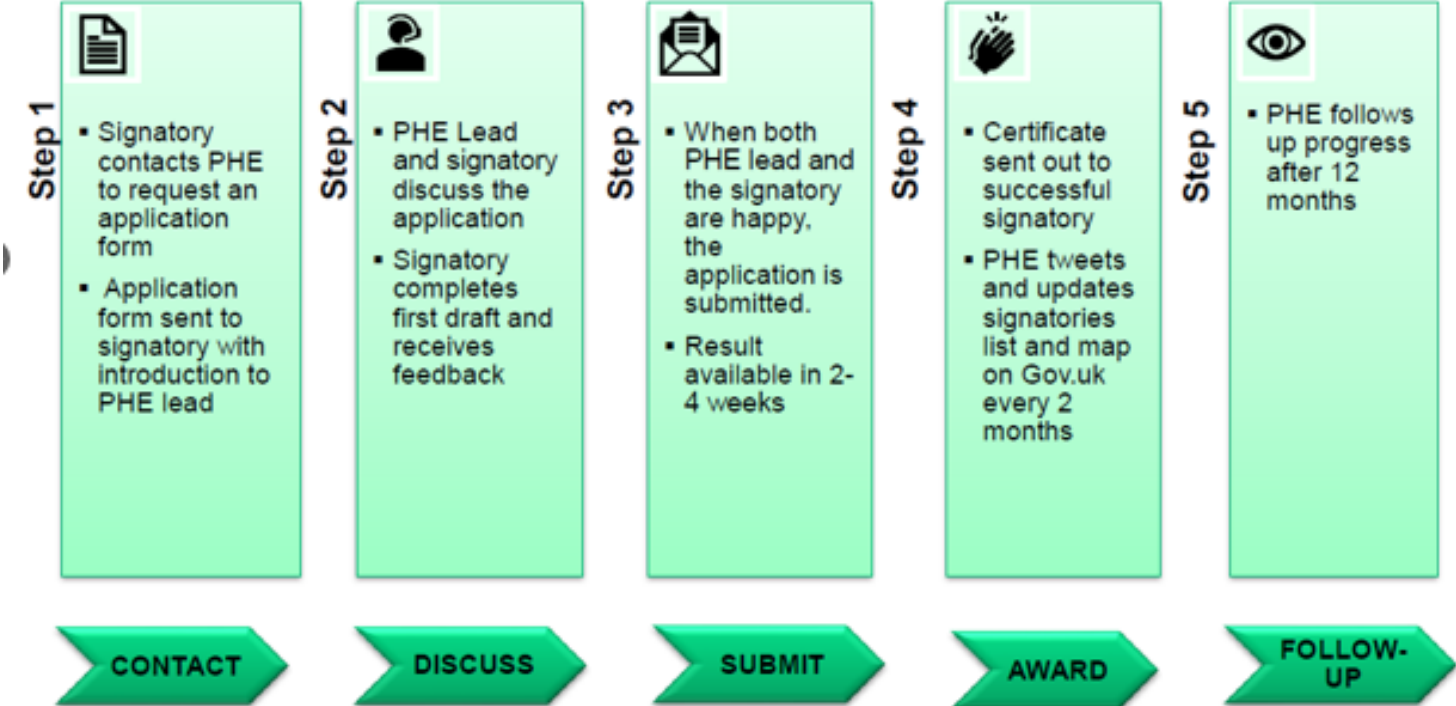
2) Developing a 5 Domain Action Plan

Reducing inequalities

- What steps are you taking to address the **social and economic disadvantages** that underlie mental health inequalities?
- What steps are you taking to address **discrimination, racism and exclusion** faced by particular local communities?
- How are you addressing **mental health stigma**?



Concordat Application Process



Discussion points/ Questions